



**FOUR EDITIONS THIS
AUTUMN**

The Inner Journey

Oct – Nov 2026

The Inner Journey



Four editions · Oct – Nov 2026

Coach education · 20.5 ICF CCE units



DAY ONE OF THREE

Emotions

Name the feeling, then
the need underneath it.



DAY TWO OF THREE

Picture cards

They reach what
questions do not.



DAY THREE OF THREE

Strengths

Spot the one that is
already in the room.



**You practise every
tool on yourself first.**



HOW IT RUNS

**A group small enough
to try something badly.**

High trust, by design. That is where
the learning actually happens.



PICK YOUR CITY

Milton Keynes

26 – 28 October

Singapore

6 – 8 November

Burgh-Haamstede

9 – 11 November

Zagreb

11 – 13 November

Link in the first comment →

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